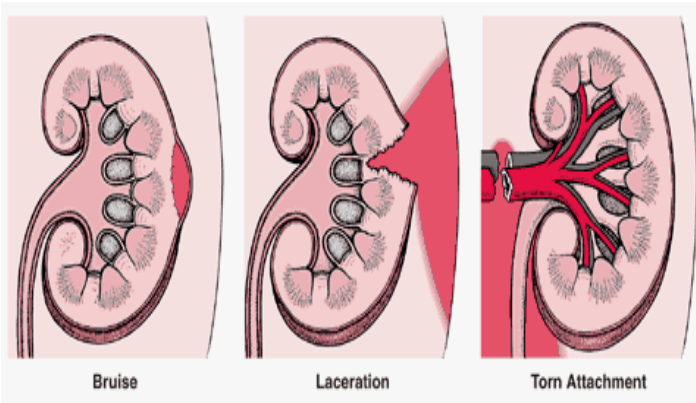


Nephrectomy

About Your Kidney

Most people have two kidneys. A kidney is on either side of your upper back under your ribs. Because all the blood in the body runs through the kidneys so they can filter out all the waste products, the kidneys have a large blood supply. Your doctor has watched you for any signs of kidney bleeding by checking your blood count because sometimes kidney injuries heal without an operation.



About Kidney Injuries

Your doctor has waited and gave the kidney time to heal if possible. However, you have had a major injury to your kidney and the bleeding could not be controlled. An operation was needed. You can live without your kidney as the other kidney will take over the work of both kidneys.

If you have stitches, ask your doctor when they should be removed.

Discharge Instructions

- No strenuous activity for six weeks.
- Do not lift anything over 10 pounds.
- Keep wound clean and dry.
- Cover with dry dressing if there is any discharge from the wound.
- If there is redness or drainage from the wound call ...

Trauma Clinic (814) 877-4577

Remember

- If you have a temperature over 101 degrees or back pain...
Call your family doctor
or
Go to the Emergency Room
- Make sure you alert your family doctor or the emergency room doctor that you had a nephrectomy.

**Your Trauma Clinic
Appointment is on**

Trauma Clinic (814) 877-4577



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