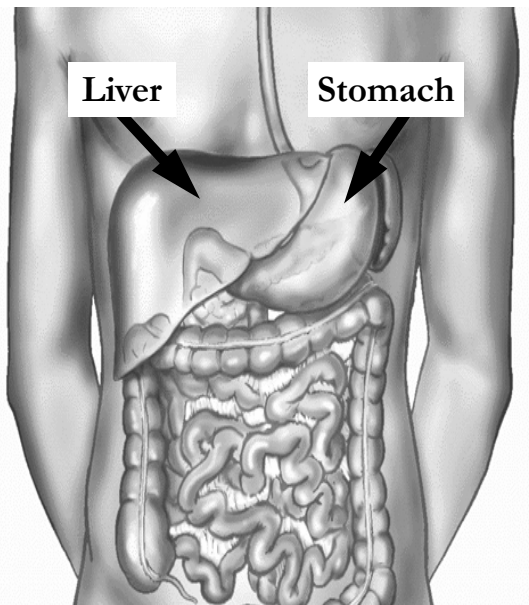


Non-Operative Liver Injury

About Your Liver

Your liver is an organ located on the right side of your body under your lower ribs. It is rich in blood, aids in digestion and breaks down useful things for your body to use, such as medicine. It also acts as a filter for things such as alcohol.



About Liver Injuries

Sometimes when the liver is injured, it can heal without an operation. Your doctor feels it is safe to wait and give the liver time to heal itself.

You must be seen in Trauma Clinic for a recheck to be sure your liver is healing.

Discharge Instructions

- No strenuous activity for 4 weeks.
- No lifting over 10 pounds until after your first trauma appointment.
- No contact sports for three months.
- No alcohol.
- No herbal supplements.
- No Aspirin® or NSAIDs for four weeks.
- No cholesterol medicine until advised by your doctor.

Return If You Have

- An increase in pain or tenderness in the abdomen (belly)
- Temperature over 102 degrees
- Constant nausea (sick to your stomach) or vomiting (throwing up).

**Your Trauma Clinic
Appointment is on**

Trauma Clinic (814) 877-7054



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