

Hamot Medical Center  
Continuing Medical Education  
Proudly Presents

# 2010 ORTHOPAEDIC alumni conference

## Focus on Sports Medicine

Friday, August 6, 2010

Bayfront Convention Center • Erie, PA



**Course Director: Gary J. Cortina, MD**  
Department of Orthopaedic Surgery  
Hamot Medical Center



**Hamot**

*Continuing Medical Education*

[www.hamot.org/cme](http://www.hamot.org/cme)

## TARGET AUDIENCE

Orthopaedic surgeons, trauma surgeons, primary care physicians or internists with an interest in orthopaedic surgery; physical therapists, athletic trainers, allied health professionals, and orthopaedic nurses will benefit from attendance at this activity.

## GOAL

This activity has been designed to provide an educational format to update and enhance clinical competence in the diagnosis and treatment of orthopaedic and sports medicine-related injuries.

*All attendees are encouraged to bring interesting/difficult cases with them to present for review.*

## OBJECTIVES

At the conclusion of this activity, the participants should be able to:

- Identify risks and causes of common sports-related injuries to the wrists
- Evaluate and manage common sports wrist injuries
- List types of multi-ligament injuries of the knees
- Discuss diagnostic and management approaches to multi-ligament knee injuries
- Recognize common athletic ankle injuries
- Describe ankle injuries management
- Identify clinical indications for meniscal allografts
- Describe potential outcomes of meniscal allografts
- Assess common signs and symptoms of on-field athletic head traumas
- Identify on-field measures for prevention of worsening of head traumas
- Discuss medical disclosure movement and list five key facts of medical disclosure
- Identify methods of apologizing to patients and families in medical setting
- Describe diagnostic approaches to femoral acetabular impingement
- Discuss management of femoral acetabular impingement
- Recognize types of distal biceps tendon injuries
- Discuss evaluation and treatment options for distal biceps tendon injuries
- List common injuries of the medial collateral ligament
- Review diagnostic and management options for elbow injuries
- Describe risks and causes of failed shoulder instability repairs
- Outline therapeutic options of documented failed shoulder instability repairs
- Review causes and evaluation of patello-femoral ligament injuries in an adolescent
- Discuss treatment of adolescent patello-femoral ligament injuries

## DISCLOSURE

Faculty and all others who have the ability to control the content of continuing medical education activities sponsored by Hamot Medical Center are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

## ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Pennsylvania Medical Society and the Accreditation Council for Continuing Medical Education (ACCME). Hamot Medical Center is accredited by the Pennsylvania Medical Society to sponsor continuing medical education for physicians.

## DESIGNATION

Hamot Medical Center designates this educational activity for a maximum of **6.75 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## CEUs

Approved for **6.75 CEUs** for athletic trainers - NATA BOC #P417.

## COMMERCIAL SUPPORT

A complete list of supporters will be included in the packet given to attendees at the conference.

## REGISTRATION

The registration fee includes attendance at the seminar, educational materials, continental breakfast, refreshment breaks and lunch. If you have any questions, please contact the CME Conference Information line at (814) 877-3948. Registration forms should be returned to: Hamot Medical Center, 201 State Street, Erie, PA 16550, ATTN: CME Department.

Physicians.....	\$125
Nurses/Allied Health Professionals.....	\$60
Residents/Students .....	\$15

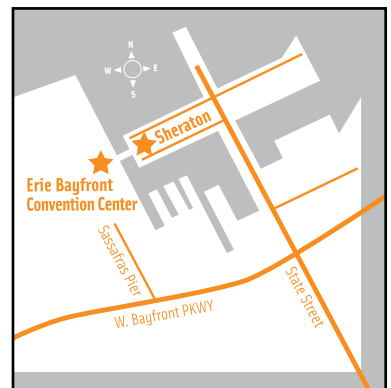
*Registrations should be received prior to July 31, 2010.*

## DISABILITIES

If your participation in this program requires any special arrangements, please notify Hamot's CME office at (800) 352-2553 or (814) 877-4011 at least one week prior to the event so we can arrange to meet your needs.

## LOCATION

The program is being held at the Bayfront Convention Center located off the Bayfront Highway. A block of rooms has been reserved at the Sheraton Erie Bayfront for this conference. The Sheraton is connected to the Convention Center via an overhead walkway. To make your reservations, please call the Sheraton directly at (888) 672-8094 (toll free) and reference the *Hamot Medical Center Orthopaedic Conference*. Reservations must be made ASAP to receive the guaranteed room rate. Room Rates: \$94.00 single or double (plus appropriate tax).



## ATTIRE

Attire for the conference is business casual. Since meeting room temperatures can vary, it is recommended that you bring a light jacket or sweater with you to the conference.

## PROGRAM OUTLINE

7:00 – 7:30 am	Registration and Continental Breakfast
7:30 – 7:45 am	Welcome and Introductions
7:45 – 8:15 am	Sports Injuries in the Hand and Wrist <i>John D. Lubahn, MD</i>
8:15 – 8:45 am	Multi-ligament Injuries of Knee <i>Mark A. Pollard, MD</i>
8:45 – 9:15 am	Athletic Ankle Injuries <i>Mark A. Krahe, DO</i>
9:15 – 9:45 am	Meniscal Allografts <i>Lawrence S. Miller, MD</i>
9:45 – 10:00 am	Questions
10:00 – 10:15 am	Refreshment Break
10:15 – 10:45 am	Neuro Psychology and It's Role in Return to Play Decisions <i>Mark A. Hogue, PsyD</i>
10:45 – 11:45 am	Open Disclosure and Apology <i>Douglas B. Wojcieszak</i>
11:45 am – 12:00 pm	Questions
12:00 – 12:45 pm	Lunch
12:45 – 1:15 pm	Femoral Acetabular Impingement <i>Vivek Sharma, MD</i>
1:15 – 1:45 pm	Distal Biceps Tendon Injuries <i>Mark A. Pollard, MD</i>
1:45 – 2:00 pm	Refreshment Break
2:00 – 2:30 pm	Medial Collateral Ligament Injuries (Elbow) <i>D. Patrick Williams, DO</i>
2:30 – 3:00 pm	Failed Shoulder Instability Repairs: Where Do We Go Now? <i>Lawrence S. Miller, MD</i>
3:00 – 3:30 pm	Evaluation and Treatment of Adolescent Patello-femoral Ligament Injuries <i>William F. Schrantz, MD</i>
3:30 – 3:45 pm	Questions
3:45 – 4:45 pm	Case Presentations <i>Orthopaedic Residents</i>
5:30 pm	Optional Meet & Greet Networking Reception <i>Sheraton Erie Bayfront Hotel Ballroom</i>

## COURSE DIRECTOR

### **Gary J. Cortina, MD**

*Department of Orthopaedic Surgery  
Hamot Medical Center*

## GUEST FACULTY

### **Mark A. Hogue, PysD**

*Clinical Psychologist  
Northshore Neurosciences  
Erie, PA*

### **Lawrence S. Miller, MD**

*Associate Professor of Orthopaedic Surgery  
UMDNJ-Robert Wood Johnson Medical School  
Director, Cooper Bone & Joint Institute  
Chief, Department of Orthopaedic Surgery  
Cooper University Hospital  
Camden, NJ*

### **Mark A. Pollard, MD**

*Assistant Professor of Orthopaedic Surgery  
UMDNJ-Robert Wood Johnson Medical School  
Director, Multi-ligament Knee Injury Program  
Cooper Bone & Joint Institute  
Cooper University Hospital  
Camden, NJ*

### **William F. Schrantz, MD**

*Pediatric Orthopaedic Surgeon  
Shriners Hospitals for Children  
Erie, PA*

### **Vivek Sharma, MD**

*Sports Medicine, Arthroscopy  
Colonial Orthopaedics  
Richmond, VA*

### **Douglas B. Wojcieszak**

*Founder & Spokesperson  
The Sorry Works! Coalition  
Glen Carbon, IL*

## HAMOT FACULTY

### **Department of Orthopaedic Surgery**

Mark A. Krahe, DO  
John D. Lubahn, MD  
D. Patrick Williams, DO

## PRE-CONFERENCE ACTIVITY

A non-CME, pre-conference Hip/  
Sports Arthroscopy Lab will be  
sponsored by Arthrex, Inc. The  
lab will be held from 6:00-8:00 pm  
on August 5.

## FACULTY

### **Vivek Sharma, MD**

*Sports Medicine, Arthroscopy  
Colonial Orthopaedics  
Richmond, VA*

*For more information and to register  
for this non-CME activity, please  
e-mail: [labs@masurgical.com](mailto:labs@masurgical.com).*



# 2010 ORTHOPAEDIC alumni conference

## 2010 ORTHOPAEDIC ALUMNI CONFERENCE - FOCUS ON SPORTS MEDICINE - AUGUST 6, 2010

Erie Bayfront Convention Center, Erie, PA • Registrations should be received prior to July 31, 2010.

Name(s) \_\_\_\_\_  
Circle Title: MD DO NP RN PA PT ATC Other: \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Organization \_\_\_\_\_  
Daytime Phone Number \_\_\_\_\_  
E-mail Address \_\_\_\_\_

Enclosed is my total  
conference registration fee:

\_\_\_\_\_ \$125 Physician

\_\_\_\_\_ \$60 Nurses/Allied Health Professionals

\_\_\_\_\_ \$15 Residents/Students

Please send  
registration form  
and fee to:

**Continuing Medical  
Education Department**  
Hamot Medical Center  
201 State Street  
Erie, PA 16550  
Fax: (814) 877-4010

*Please duplicate registration form for additional registrations. Complete address information is required to ensure receipt of certificate of participation following the conference.*