

Tree Stand Injury Prevention

Did you know?

Injuries and deaths occur each hunting season. Falls from tree stands are among the most common hunting-type injuries. These often occur when climbing up or down or when the hunter falls asleep.

Always carry a basic survival kit which should include a signaling device, bandages and a compass. Know how to use them. If possible carry a cell phone.

For more information from these sited resources please visit the following web sites:

1. The Pennsylvania Game Commission.

www.pgc.state.pa.us

2. The Minnesota Department of Natural Resources.

<http://www.dnr.state.mn.us/sitertools/copyright.html>

<http://www.dnr.state.mn.us/safety/treestand/index.html>



Please visit our web site at Hamot.org

Safety Tips:

- Use stands that are certified by the Tree Stand Manufacturers Association.
- Always consult the State Game Regulations about wearing fluorescent orange because the law varies from state to state.
- Read and follow the manufacturer's guidelines, which include weight limits.
- Be sure to check the stand and climbing equipment before use.
- Stay away from dead trees and those with loose bark.
- Use a full-body harness that will keep you upright. Be sure you can breathe normally. Put it on before you climb.
- Make sure that there is no slack in the tether when you are sitting.
- Use 3 people to set up a ladder-type tree stand.
- Keep 3 points of contact with the ladder or tree when climbing.
- Use a pull-up rope to bring up your gear and gun. Be sure to have the gun unloaded; safety on, action open and muzzle down and covered. Never attach the line in or near the trigger guard.
- Don't drink alcohol or take drugs before or while hunting.
- Let someone know where you are hunting and when you plan to return.