



RENAL (KIDNEY) ULTRASOUND

(Sonogram)

WHAT IS THIS TEST?

Pictures of the kidney are taken with sound waves not x-rays.

WHY IS THIS TEST DONE?

- You may have a complaint of back pain.
- You may have seen blood in your urine or the doctor may have found blood in your urine when he performed a routine urine test during a physical.
- You may have a history of kidney disease the doctor is rechecking.

BEFORE THIS TEST

You may eat, drink, and take medications as you usually do.

DURING THIS TEST

You will be asked to lie on an exam table.

Warm gel will be applied to your abdomen. This helps the scanner slide on your skin.

Pictures will be seen on a TV screen during the exam.

AFTER THE TEST

You may be asked to wait while the pictures are developed.

TEST RESULTS

The pictures are reviewed by the Radiologist and the results are sent to your doctor. The results *cannot* be given to you by the sonographer administering the test.

BLADDER ULTRASOUND

(Sonogram)

Your doctor may have also ordered a bladder sonogram. This is done to check for abnormalities in the bladder and to check how well your bladder empties.

Only if you are also scheduled for a bladder sonogram, your bladder must be full for the test. 60 minutes before the test, you are to drink 24-32 oz (3-4 large glasses) of water. Do not use the bathroom to empty your bladder.

Pictures will be taken with your bladder full, you will then be asked to use the bathroom to empty your bladder, and more pictures will be taken when your bladder is empty.

If you have any questions, call your physician or call the Hamot Ultrasound Department at (814) 877-2258.

If you cannot keep your appointment, please call our scheduling department at (814) 877-6123 to reschedule.