

## Stay home with confidence

Through improved technology and advances in medicine, people are now leaving the hospital sooner and continuing their care at home if necessary. There are many health care services that can be provided in the home instead of the hospital. Either way, if you are worried about caring for yourself or burdening your family, we can help.

Working under the direction of your personal physician, Great Lakes Home Healthcare brings a full range of medical services right to your door. Rest assured, every member of our staff is professional, experienced and specially trained in home care. A nurse is available 24 hours a day to respond to emergencies or answer any questions you may have.

Through care planning, management and evaluation, Great Lakes Home Healthcare makes sure the care you receive from your physician or the hospital continues at home. And because our care includes education, we help you take a more active role in your treatment or therapy. This approach enhances your independence and often leads to a quicker recovery.

Don't forget that the law guarantees you the right to choose your home care provider. Be sure to share your home care choice with your physician and other healthcare providers. Ask for Great Lakes Home Healthcare.

For more information, look for Great Lakes Home Healthcare at [www.hamot.org](http://www.hamot.org).

## Reimbursement and Service Area

Great Lakes Home Healthcare provides services to residents of Erie County. We are a preferred provider for most third party payers, including:

- Medicare
- PA Medicaid
- Highmark Blue Cross/Blue Shield
- KeystoneBlue, SelectBlue, PreferredBlue, and CommunityBlue
- SecurityBlue
- HealthAmerica
- Gateway and MedPLUS
- UPMC Health Plans

## Comprehensive Homecare Services

Let us make your care at home even easier. We are affiliated with Great Lakes Home Healthcare Services which offers infusion therapy, home medical equipment, respiratory therapy and private duty nursing. This will ensure that your home care is coordinated with all the services and products you need.

Call us for more information regarding any of our programs or services.

*\*Services are provided without regard to race, sex, color, national origin, ancestry, religious creed, handicap or age.*

Great Lakes Home Healthcare is a Medicare certified home healthcare agency, licensed by the PA Dept. of Health and accredited by the Joint Commission. GLHH is a member of the Nat'l Home Care Assoc. and the PA Home Care Assoc.

Great Lakes Home Healthcare  
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# Great Lakes Home Healthcare: Rehabilitation Services

Rehabilitation



## Rehabilitation Services

Whether you have had an orthopaedic surgery, increase in weakness, a recent fall or suffered the effects of a stroke, our rehabilitation team can help you recover. Our therapists are some of the most specialized therapists the region has to offer.

Upon receiving an order from your physician, our therapists can come to you, in the comfort of your own home, and assist you or your loved one in the recovery process.

The time after surgery or an acute illness can weaken our overall strength. Therapy in the home has been proven effective increasing strength. Leaving your home is not always an easy or available option. For this reason, our therapists will come to you and develop a recovery plan that best meets your needs. Your home will be evaluated with recommendations given to best accommodate your rehabilitation process.

Our comprehensive services include:

- Physical Therapists
- Occupational Therapists
- Speech Therapists

## Physical Therapy

- Specialized post-op surgery programs for knee, hip and spinal surgeries
- Home safety evaluations
- Post CVA rehabilitation
- Gait strengthening
- Balance training
- Equipment training and evaluation
- Pain assessment and treatment
- Transfer and stair training
- Energy conservation

## Occupational Therapy

- Improve upper extremity strength
- Improve independence in bathing, dressing and self-care and feeding
- Upper extremity and hand therapy
- Adaptive equipment
- Balance and endurance training
- Assistance in wheelchair fitting
- Visual deficit training and safety evaluation
- Community re-integration
- Cognition
- Patient and family education
- Energy conservation

## Speech Therapists

- Speech articulation
- Swallowing difficulties
- Therapeutic exercises
- Cognitive function
- Auditory/visual comprehension
- Verbal and graphic expression

## Home Health Aides

Home health aide services are available to provide personal care, assist with dressing, bathing, transfers and feeding, all under the supervision and guidance of a registered nurse.

## Medical Social Work

To help pull everything together, we have a medical social worker available to assess and improve the patient's emotional adjustment through counseling, as well as referral to outside community resources and agencies. The social worker helps the patient and family adjust to issues resulting from the patient's illness or injury.