MY MEDICATION LIST

Help us help you. Keep your medication list up-to-date.

YOU can help avoid possible medication errors:

- Keep an up-to-date list of <u>everything</u> you take, including prescriptions, over-the-counter medicines, vitamins, and natural supplements. Take this list with you each time you visit your doctor.
- When you are given a new medication, make sure you know what it is for, exactly how to take it, possible side effects, and what to do if you experience a side effect.
- Use only one pharmacy to fill all your prescriptions. This way your pharmacist will be able to see exactly what medicines you are taking and check for possible side effects or drug interactions.
- If you have any questions about your medicines, ask your doctor or pharmacist.

Patient's Name:_____ Date:_____

The following list was reviewed by Dr._____ on_____
(date)

Name of Medication	Dose	Directions for taking	Reason for taking	Months of refills left	Start date